



THE  
SPA ON RODEO







VIA RODEO

N. RODEO DR

## THE SPA ON RODEO

**“Your body is precious. It is your vehicle for awakening. Treat it with care.”**

*- Buddha*

Welcome to The Spa on Rodeo. Discover an oasis that feels worlds away from everyday life. Within our sanctuary, we offer treatments to balance the body and soothe your senses. We invite you to explore, listen to what speaks to you and ask us questions along the way. We are here to help guide you on a path towards optimal wellness and deep relaxation.

# THE PEDICURES

**“The journey of a thousand miles begins with a single step.”**

*- Lao Tzu*









## SIGNATURE HEALING FOOT SOAKS

Prepared in raw copper basins, soaks are infused with detoxifying chlorophyll and soothing coconut milk. Choose from an uplifting essential oil blend of eucalyptus and lemongrass or a calming combination of chamomile and lavender.

*Included with All Pedicure Treatments*

### THE CLASSIC PEDICURE

Includes a stimulating scrub, detailed nail and cuticle care, a light massage of the feet and lower legs, completed with perfectly polished or buffed nails.

50 Min/ \$60

### THE RODEO PEDICURE

Receive all the benefits of The Classic Pedicure paired with a warm paraffin dip, a retexturizing enzyme mask and a foot reflexology treatment. Feet are left silky smooth and relaxed with perfectly polished or buffed nails. Wonderful for dry or cracked feet.

90 Min/ \$100

### THE PEDI POLISH CHANGE

Includes a trim, file and nail polish application.

30 Min/ \$30

### The Classic Pedicure+Manicure

80 Min/ \$90

### The Rodeo Pedicure+Manicure

150 Min/ \$170

# THE MANICURES

**“Nails are the period at the end of the sentence. They complete the look.”**

*- Prabal Gurung*





### THE CLASSIC MANICURE

Includes a stimulating aromatherapy infused hand soak, detailed nail and cuticle care followed by a gentle massage of the hands and upper arms. Completed with perfectly polished or buffed nails.

30 Min/ \$40

45 Min/ \$55 (Gel Polish, French or Glitter)

### THE RODEO MANICURE

Receive all of the benefits of The Classic Manicure paired with a warm paraffin dip, a retexturizing enzyme mask and a hand reflexology treatment.

60 Min/ \$90

90 Min/ \$105 (Gel Polish, French or Glitter)

### THE MANI POLISH CHANGE

Includes a trim, file and nail polish application.

25 Min/ \$25

### The Classic Manicure+Pedicure

80 Min/ \$90

### The Rodeo Manicure+Pedicure

150 Min/ \$170

# THE MESSAGES

**“Sometimes the most important thing in a whole day is the rest we take between two deep breaths.”**

*- Etty Hillesum*









### THE RODEO MASSAGE

Help your body heal with a massage treatment customized to fit your individual needs. A consultation with a carefully appointed therapist will help determine which combination will be most beneficial to you. Modalities include Swedish, Deep Tissue, Trigger Point Therapy, Stretching, Myofascial Release, Lymphatic Drainage, Sports and Prenatal.

60 Min/ \$175    90 Min/ \$250

### HOT STONE MASSAGE

Allow tension to melt away with a deeply soothing and balancing hot stone massage using heated basalt stones and therapeutic essential oils to detoxify and relax. Renowned for their healing capabilities, strategically-placed basalt hot stones create deep muscle penetration that helps ease tightness and tension with soothing warmth. A wonderful, unique and comforting massage.

60 Min/ \$220    90 Min/ \$285

### NIRVANA

Sink deep into tranquility with specialized touch techniques of Cranial Sacral and Sole Reflexology. Using the listening stations of the body, Cranial Sacral helps to identify your body's natural rhythm to help to pinpoint problem sources to enhance the body's ability to self-care. Sole Reflexology helps to relax tension and aids in preventive maintenance of the body through touch on certain points found on the feet, hands and ears.

60 Min/ \$130

### ADDITIONAL SERVICES

*Customize your massage by adding any of the following 30 minute treatments or experience them as an individual session.*

#### SOLE REFLEXOLOGY

In addition to massage \$30 / Individual session \$60

#### CRANIAL SACRAL THERAPY

In addition to massage \$45 / Individual session \$90

#### AROMATHERAPY

Allow drops of aromatherapy oils such as Melaleuca, Lavender, Peppermint and Citrus help rinse away tension and stress.

In addition to massage \$45 / Individual session \$90

# CUPPING MESSAGES

**"The cleanest rivers are always the fastest moving, it's the same with the body."**

**- *Unknown***



## CUPPING

**The practice of Cupping as an alternative medicine dates back as early as ancient Egyptian, Chinese and Middle Eastern cultures. The use of cups allows for the stretching and opening of muscle tissue. This lifting creates space to drain toxins from the cells and remove waste through the lymphatic system.**

Benefits of cupping therapy include increased circulation, elimination of stagnant blood, sedation of the nervous system, stimulation of the digestive system and removal of lactic acids and toxins from muscles. Additionally, cupping is also effective against depression, lethargy, anxiety, body aches, high blood pressure and chronic joint conditions.

### DYNAMIC DETOX CUPPING

Over the years, toxins from the environment, processed foods and chemical additives accumulate in our blood, tissues and muscles. Detox cupping helps to drain excess fluid, loosen adhesions and encourage blood flow to stagnant tissues to discharge waste. Circulation is increased and harmful toxins are eliminated through the lymphatic system.

60 Min/ \$185

### FACIAL CUPPING REJUVENATION

Facial cupping helps to rejuvenate and maintain a youthful appearance without the use of painful injections. Small cups vacuum and lift facial tissue to increase circulation, plump fine lines and smooth wrinkles. Facial cupping can also be used alternatively to relieve the uncomfortable symptoms of TMJ, sinus infection or inflammation.

*\*Recommended twice a week for 6 weeks (non-consecutive days)*

*\*May be done as a separate treatment, as an add-on to your massage or before an advanced facial treatment.*

Single Session/ \$50

Series of 6 Treatments/ \$250

Series of 12 Treatments/ \$400

### CELLULITE CUPPING

Many factors play a role in the formation of cellulite. When blood circulation decreases, fluid is retained and waste is trapped which can cause the dimpling effect we recognize as cellulite. Light negative pressure encourages waste drainage while heavier cupping suction stimulates circulation of affected areas. Regular treatments may provide results in cellulite reduction in 2-3 weeks.

Single Session/ \$75

Series of 10 Treatments/ \$675

Series of 20 Treatments/ \$1350

Series of 30 Treatments/ \$2025

*\*Packages Include Dry Brush with The Spa on Rodeo Cellulite After Care Lotion.*

### BELLY CUPPING

Belly cupping relieves symptoms of IBS and other digestive irregularities. The cups stretch the walls of the abdominal organs getting rid of stagnant waste while promoting the overall activity of the digestion system. Expected results within 24-72 hours.

30 Min/ \$45

### FOOT CUPPING

Over the years, the shoes we wear and our active lifestyles can lead to plantar fasciitis or other foot ailments. This treatment uses vacuum cupping, bio-magnetic reflexology and dynamic cupping to stretch the fascia and drain tissue debris from the foot and lower leg to relieve tired, achy feet and improve overall well-being.

60 Min/ \$75

# THE SKIN TREATMENTS

“Nature gives you the face you have at twenty; it is up to you to merit the face you have at fifty.”

- *Coco Chanel*





## OUR SKIN TREATMENTS

**The path towards beautiful, healthy skin begins here. A consultation with one of our Paramedical Estheticians will help determine which skincare treatments are best suited to meet your individual needs.**

### THE REVIVAL

Looking beautiful is not always about looking younger; it's about looking your best at any age. This powerful age management facial treatment incorporates a customized enzyme blend proven to strengthen and tone the structural integrity of the dermis by recreating an optimal environment for your skin to rejuvenate and thrive.

60 Min/ \$200

90 Min/ \$275

### THE RESTORATION

Most of us have experienced the occasional blemish, but for others the effects of stress, environmental influences and poor nutrition can lead to more serious skin conditions and severe breakouts. This deep restoring treatment is tailored to unmask and repair hormonal and lifestyle imbalances that cause acne, allowing your skin's natural tone and clarity to be revealed.

60 Min/ \$200

90 Min/ \$275

### THE SPA ON RODEO ORGANIC FACIAL

The Spa on Rodeo's 100% certified organic skincare products and treatments embrace healing ingredients extracted from nature to gently improve common sensitive skin conditions.

60 Min/ \$150

90 Min/ \$200

### SKIN FITNESS PROGRAM

For those committed to maximizing results and experiencing drastic skin transformations, this Skin Fitness Program is the perfect fit. Think of us as your personal wellness boot camp as we tone, tighten and treat your face with a consistent routine. This twelve week program transforms your skin from the inside out with paramedical treatments and lifestyle modification guidance.

12 Weekly Treatment Program/ \$2,000

*\* Recommended Home Products Not Included*

### CELLULAR THERAPY / PLATELET RICH PLASMA (PRP)

Regenerate from the inside out with Platelet Rich Plasma (PRP) Cellular Skin Revision. This treatment utilizes micro-needling to deliver your extracted PRP subcutaneously. Benefits of PRP therapy include dramatic improvement of skin's texture, color, elasticity and natural collagen synthesis. The results are unrivaled by any other non-invasive age management procedure.

Individual Treatment/ \$800

PRP Series: 3 Monthly Treatments/ \$2,200

### DIVINE ROUGE

Divine Rouge uses The Spa On Rodeo's exclusive 100% certified organic skincare products with healing ingredients extracted from nature to gently revise sensitive skin conditions. This feel-good facial serves up all the perks of red wine without the hangover! Red wine extracts, rich in tannins and polyphenols, thoroughly purifies the skin and neutralizes free radical damage; the perfect pick me up for dull, lackluster skin. Divinely detox with our signature facial to reveal a youthful glow.

60 Min/ \$150

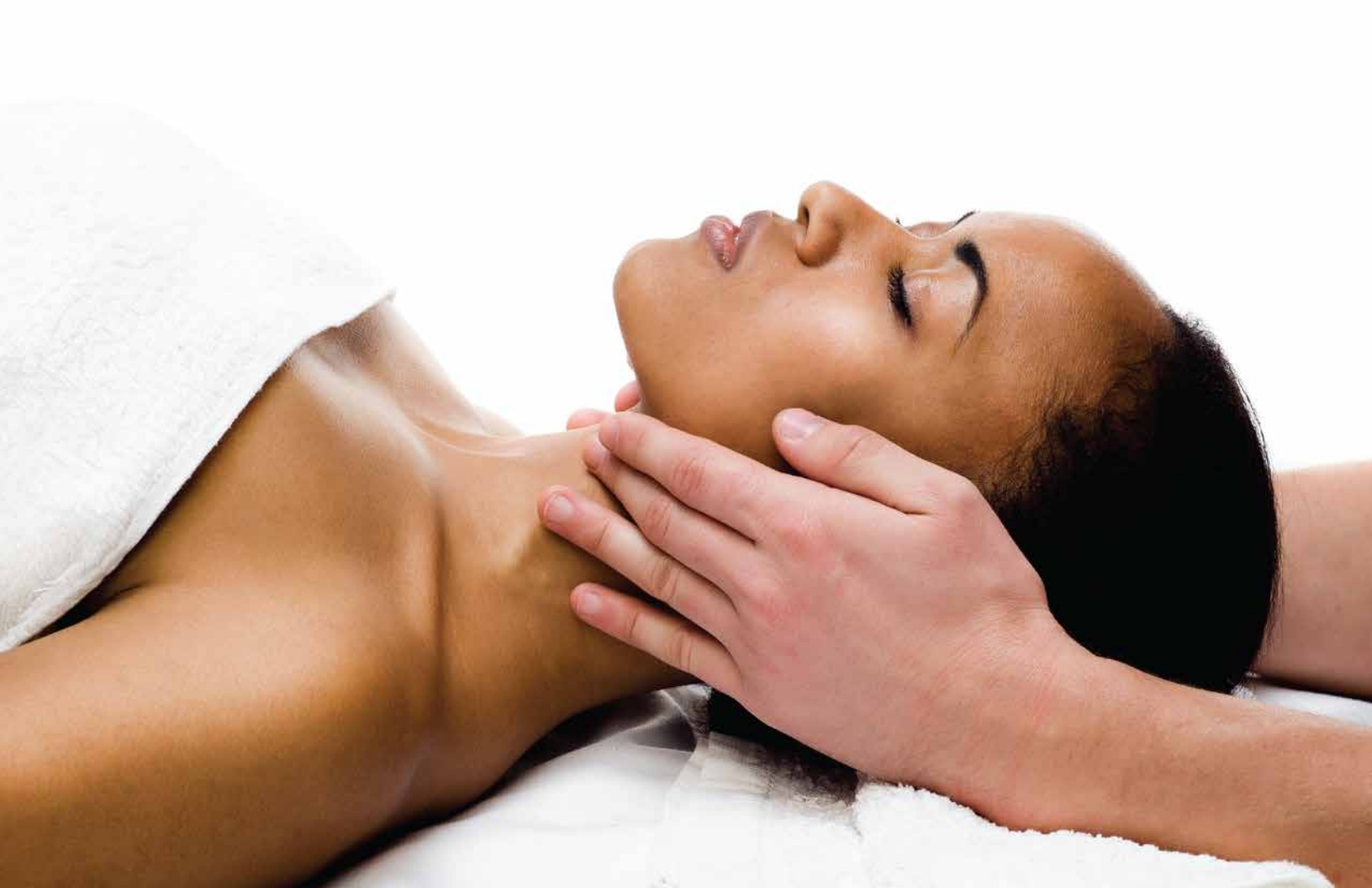
90 Min/ \$200

# THE BODY TREATMENTS

**“The body is a sacred garment. It’s your first and last garment; it is what you enter life in and what you depart life with, and it should be treated with honor.”**

*- Martha Graham*





### BACK ON TRACK

We've got your back. Our individualized back skin revision treatment includes a deep cleansing, extractions, customized enzyme cocktail coupled with diamond tip microdermabrasion to help put your back front and center.

60 Min/ \$215

### FULL BODY ENZYME THERAPY

A deep enzyme treatment that stimulates the circulatory and lymphatic system. Ideal for revising loose and sagging skin, exfoliating dry skin and reducing inflammation. Enzyme treatment can be applied to the whole body or areas including arms, stomach, chest and lower legs.

90 Min/ \$345

### STRETCH MARK REVISION

This non-invasive PH Revision treatment softens and dissolves abrasions in the skin to restructure striae tissue. Our Stretch Mark Revision is followed by Enzyme Therapy to rebuild and strengthen the dermis, causing the appearance of stretch marks to fade.

*\*Price determined upon complimentary consultation.*

### BODY CONTOUR WRAP

Our Body Countour Wrap is designed to assist in the re-shaping and sculpting of the body. This thermogenic wrap reduces cellulite and increases circulation all while tightening and toning problem areas.

*\*Price determined upon complimentary consultation.*



# THE RETREATS & MORE

**“Within you there is a stillness and a sanctuary to which you can retreat at any time and be yourself.”**

*- Hermann Hesse*





## SPA DAY PACKAGES

Spend a day with us and allow yourself to experience all we have to offer.

### THE EXPERIENCE

This harmonizing retreat includes a 90 minute Skin Revision Treatment paired with the *Nirvana* massage. The Experience inspires beauty and bliss and restores balance.  
180 Min/ \$300

### THE JOURNEY

Allow us to take you on a journey and uplift your spirits with an Aromatherapy Massage and illuminate your beauty with an Organic or Paramedical Skin Revision Treatment. The Classic Manicure and Pedicure complete your journey.  
240 Min/ \$499

### JOURNEY TOGETHER

Relax, unwind and take the *Journey Together*. Enjoy our private amenities with a friend or loved one accompanied by The Aromatherapy Massage and an Organic or Paramedical Skin Revision Treatment. The Classic Manicure and Pedicure complete your journey.  
240 Min/ \$900 [For Two]

## ADDITIONAL SERVICES

### WAKE UP IN MAKEUP

Permanent Makeup gives the appearance of wearing makeup without having to reapply each day or remove each night. Permanent Makeup, also known as Cosmetic Tattooing, is excellent for scar camouflage, filling of hair loss areas such as eyebrows and eyeliner, lipliner and replacement of color and filling of areola post-mastectomy.  
*\*Price determined upon complimentary consultation.*

**BOTOX**        \$12 Per Unit  
**JUVEDERM**   \$650 Per Syringe  
**SPRAY TAN**   \$95 Full Body

HOW TO SPA





### **ARRIVAL AT THE SPA ON RODEO**

We recommend that you arrive 15 minutes prior to your scheduled appointment to allow ample time to check-in and relax.

### **PREPARING FOR YOUR TREATMENTS**

We suggest guests shower prior to all body treatments. We ask that you shave the day before any skin revision treatment.

### **WHAT TO WEAR**

To ensure maximum comfort, we provide guests with a bathrobe and slippers to change into after check-in at the front desk.

### **VALUABLES & JEWELRY**

We recommend jewelry not to be worn during spa treatments. We provide guests with a locker and key to store your valuables. We are not responsible for lost or stolen items.

### **PHONES**

We kindly ask that you turn your mobile phone off or place on silent mode when you arrive to allow you and our other guests to properly enjoy the spa. Please keep your phone in your locker during your treatment.

### **SPA ETIQUETTE**

Please respect the spa's environment of relaxation by maintaining a low voice.

### **RESERVATIONS**

Credit card details are required to make and confirm any booking.



### CONSULTATION & HEALTH CONDITIONS

For your first treatment, you will meet with one of our licensed therapists to review health concerns or special circumstances that may need to be addressed. Please let us know if you suffer from any medical conditions, injuries or allergies. If you have any special requests, or if you are pregnant or breastfeeding, please inform us at the time of booking.

### YOUR EXPERIENCE

It is our hope that you will truly enjoy your experience at The Spa On Rodeo, and we value your feedback about your time with us. Please inform a member of our staff if we can improve your next visit.

### PARKING

Valet parking is available within our building, however a City of Beverly Hills Parking Garage is located at 9510 Brighton Way which is free for the first 2 hours.

### AT HOME PRODUCTS

Home care products are available from your treatment therapist and may be purchased at the front desk. Our products come with a 30 day, satisfaction guaranteed, return policy.

### CANCELLATION POLICY

We have a 24 hour cancellation policy. Confirmation calls will be made the day prior to your appointment, however if you need to cancel or reschedule please let us know as soon as possible. Appointments which are not cancelled in accordance with our cancellation policy will be subject to full payment.





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